

Winter Pediatric Therapy is a comprehensive outpatient rehabilitation center which has been proudly serving the greater Houston community for over 15 years. We provide skilled speech-language, occupational, physical, and aquatic therapy services to children ages birth to 21 using the latest technology, equipment and treatment techniques. Each of our facilities feature a friendly and safe environment with an enthusiastic team to encourage, nurture, and motivate your child to soar to new heights.

Look what's new!

In our commitment to maximize your child's potential, Winter Pediatric Therapy is proud to announce three new, innovative therapeutic programs.

W.I.N.T.E.R. Program

The W.I.N.T.E.R. Program features the TheraSuit® Method and the Universal Exercise Unit for the intensive treatment of patients with cerebral palsy and other neurological disorders. Our facility is one of only 10 in Texas to offer this specialized program which is designed to accelerate progress and optimal functional mobility through an intensive 4 - 6 week approach.



Winter Feeding Program

The Winter Feeding Program has specially trained speech and occupational therapists who identify and treat feeding and swallowing disorders in infants and children that arise from sensory processing difficulties, as well as oral mechanical issues caused by acute trauma or chronic dysfunction. Our caring team also provides supplemental familial support and education to ensure quality of care and safety in the home environment.



Winter Zen-ter

The Winter Zen-ter incorporates the practice of yoga to teach your child: relaxation, focus, process sensory stimuli, self-regulate their behavior, strengthen fine and gross motor muscles, enhance coordination, and increase communication skills. This method will enrich the treatment of children with sensory processing and autism spectrum disorders, cerebral palsy, Down syndrome, and ADD/ADHD.



Four convenient locations to serve you:

Westchase Area

9900 Westpark Dr, Ste 100
Houston, TX 77063
(713) 528-3030
Fax: (713) 528-0442

Gulfgate Area

2900 Woodridge Dr, Ste 300
Houston, TX 77087
(713) 741-5800
Fax: (713) 741-5805

Greenspoint Area

340 N Sam Houston Pkwy E,
Ste 199
Houston, TX 77060
(281) 822-0808
Fax: (281) 822-0498

Katy Area

1260 Pin Oak Rd, Ste 108
Katy, TX 77494
(281) 395-5599
Fax: (281) 395-5615

www.WinterPediatricTherapy.com

Insurance Plans Accepted:

Private Pay
Select Commercial HMO's
Traditional Medicaid
Texas Children's Health Plan Medicaid/CHIP
Community Health Choice Medicaid/CHIP
Amerigroup Medicaid/CHIP
Molina Healthcare Medicaid/CHIP
Superior HealthPlan
UnitedHealthcare Medicaid/CHIP

* Free Parking *



WINTER PEDIATRIC THERAPY
"SOARING TO ACHIEVEMENT"



Our passionate team of speech, occupational, and physical therapists specializes in the treatment of the following:

Autism Spectrum Disorders	Speech Delay
Cerebral Palsy	Language Disorder
Down Syndrome	Voice Disorder
Traumatic Brain Injury	Feeding Difficulty
Torticollis / Plagiocephaly	Apraxia
Neuromuscular Disorder	Cleft Palate / Lip
Spina Bifida	Fluency Disorder (Stuttering)
Spinal Cord Injury	Seizure Disorder
Developmental Delay	Muscular Dystrophy
Premature and Traumatic Birth	Orthopedic / Sports Injury
Chromosomal Abnormality	
Dysphagia (Swallowing Disorder)	
Sensory Processing Disorder	
Visual Processing Disorder	
Developmental Coordination Disorder	



Call today for more details!

Speech-Language Therapy

Our dynamic speech therapy team addresses the needs of children with language, articulation/phonological, voice, fluency (stuttering), and/or swallowing disorders. We provide individual, specialized, and medically based treatments in a positive and motivating atmosphere.



Occupational Therapy

Our creative occupational therapy team helps infants and children achieve independence in various aspects of their daily lives. We facilitate play, learning, and self-care skills by improving their fine motor, sensory processing, behavioral, and visual perceptual skills in a fun and engaging setting.



Physical Therapy

Our dedicated physical therapy team works to acquire maximum functional mobility in children with disabilities or injuries. We use specialized, one-on-one techniques to address gross motor deficits in gait (walking), balance, strength, range of motion, and safety in a playful and interactive environment.



Languages We Speak

English ❖ Spanish ❖ Vietnamese* ❖ Korean*
Urdu* ❖ Hindi* ❖ American Sign Language*

We Specialize In

Sensory Integration Techniques ❖ Aquatic Therapy*
Torticollis ❖ Handwriting Without Tears®
Feeding ❖ VitalStim** ❖ Hanen Program®
Kinesio® Taping ❖ PROMPT® ❖ PECS™
Augmentative Communication Devices
Post Cochlear Implants* ❖ Therapressure Protocol*
Universal Exercise Unit ❖ TheraSuit Method®

**not available at all locations*

Is your child meeting the following developmental milestones?

If not, talk to your child's doctor and get a referral **today!** Early detection of delays/disorders with therapeutic intervention can be critical for successful childhood development.



Age	Speech-Language Therapy Milestones	Occupational Therapy Milestones	Physical Therapy Milestones
0 - 3 Months	<ul style="list-style-type: none"> ■ Nursing: latches easily to breast/bottle (without excessive coughing or spillage) ■ Smiles at faces of family 	<ul style="list-style-type: none"> ■ Brings hands to mouth ■ Looks at objects briefly ■ Falls asleep without excessive calming 	<ul style="list-style-type: none"> ■ Lifts head 45-90 degrees ■ Props up on forearms when on belly ■ Moves head side to side
4 - 7 Months	<ul style="list-style-type: none"> ■ Cry changes for different needs ■ Babbles for attention ■ Coos, calms and smiles in response to your voice 	<ul style="list-style-type: none"> ■ Holds a bottle ■ Looks at toys while holding them ■ Tolerates loud noises 	<ul style="list-style-type: none"> ■ Brings feet to mouth ■ Rolls from back to stomach ■ Sits alone, steady
8 - 11 Months	<ul style="list-style-type: none"> ■ Produces 4 different sounds ■ Turns and looks in direction of sounds ■ Tries to imitate sounds 	<ul style="list-style-type: none"> ■ Begins letting go of toys purposely ■ Bangs toys together ■ Explores various textures 	<ul style="list-style-type: none"> ■ Pulls to standing position ■ Kneels independently ■ Begins to crawl ■ Lowers from stand to sit
1st Year	<ul style="list-style-type: none"> ■ Produces 1-2 word phrases ■ Uses 5-20 words ■ Points to show wants or needs ■ Responds to 'no' and their name 	<ul style="list-style-type: none"> ■ Uses a spoon, holds a cup ■ Completely off bottle ■ Sorts shapes ■ Able to scribble 	<ul style="list-style-type: none"> ■ Squats up and down ■ Walks without help ■ Climbs on furniture ■ Throws a ball
2nd Year	<ul style="list-style-type: none"> ■ Produces 2-3 word sentences ■ Vocabulary of 450 words ■ Asks "What's this?" "What's that?" ■ Understands simple questions 	<ul style="list-style-type: none"> ■ Takes off socks and shoes ■ Unscrews jar lids ■ Able to string beads ■ Eats all food textures 	<ul style="list-style-type: none"> ■ Runs ■ Walks up stairs ■ Kicks a ball ■ Jumps up (feet together)
3rd Year	<ul style="list-style-type: none"> ■ Produces 3-4 word sentences ■ Vocabulary of 1,000 words ■ Produce sounds: m, n, p, b, f, h, w ■ Most speech understood by others ■ Tells simple stories; expresses ideas 	<ul style="list-style-type: none"> ■ Puts shoes on correct foot ■ Builds nine block tower ■ Completes 4 piece puzzle ■ Colors with a crayon ■ Imitates a cross; circle 	<ul style="list-style-type: none"> ■ Rides a tricycle ■ Walks down stairs ■ Catches a large ball ■ Walks on a straight line ■ Kicks a rolling ball
4th Year	<ul style="list-style-type: none"> ■ Produces 4-5 word sentences ■ Vocabulary of 1,500 words ■ Ask questions like "Why?" or "Who?" ■ Produce sounds: m, n, p, b, t, d, k, g, f, h, w 	<ul style="list-style-type: none"> ■ Buttons large buttons ■ Traces and copies ■ Dresses independently when asked ■ Cuts out shapes 	<ul style="list-style-type: none"> ■ Stands on one foot ■ Jumps over objects ■ Rolls forward ■ Hops on 1 foot ■ Walks on balance beam
5th Year	<ul style="list-style-type: none"> ■ Produces 5-6 word sentences ■ Make comments; give directions ■ Knows his or her address ■ Uses most speech sounds correctly 	<ul style="list-style-type: none"> ■ Cuts on straight lines ■ Tries to color in the lines ■ Buttons small buttons ■ Aware of dangerous items 	<ul style="list-style-type: none"> ■ Skips and gallops ■ Stands still on toes ■ Catches a bounced ball ■ Jumps forward 18-24"